WELCOME

Our annual guide to exploring east and south-east London by Docklands Light Railway is always refreshing to write, because the area we’re looking at is constantly evolving.

In 2012 the arrival of the UK’s first urban cable car and an event you might just remember – called the London 2012 Olympic and Paralympic Games – added to east London’s already rich array of cultural and leisure offerings.

For 2013, the state-of-the-art exhibition centre The Crystal at Royal Victoria Dock, one of the planet’s greenest buildings, comes into its own with an exploration of how our world’s cities might grow in sustainable ways in the future, while Queen Elizabeth Olympic Park is quickly turning London’s newest postcode, E20, into a whole new destination for gig-goers, sports fans and families.

New, too, for 2013, are downloadable podcasts that offer a narrated tour of the area as you travel by DLR (find out more on our back page). Following an eastward expansion of London’s public bike share scheme, Barclays Cycle Hire, you can step off many DLR trains, or disembark from a river boat, and go even further on two wheels.

Whether you live in this part of London or you’re looking for somewhere new to go for an evening out or a weekend jaunt, we’ve hand-picked the best of what’s on offer, from Stratford to Greenwich, via Canary Wharf and West India Quay, the modern docks and the river. Green spaces and museums, markets and fashion malls, clubs and concert halls, bars and restaurants – you can find them all in this guide, then discover for yourself just how easy they are to get to by Docklands Light Railway.
EXPLORE BY DLR

With stations as little as one to three minutes apart, the DLR is the quickest and easiest way to get from the central tube interchanges to destinations all over east and south-east London – Tower Gateway to Cutty Sark in about 21 minutes, Stratford to Royal Victoria for the Emirates Air Line in less than 10 minutes, and Bank to Canary Wharf in 11 minutes.

WEST INDIA QUAY
This relaxed quayside setting offers shops, entertainment and a rare chance to enjoy alfresco terrace drinking and dining in London – and it’s just a couple of minutes’ walk across a footbridge from bustling Canary Wharf.

MUSEUM OF LONDON DOCKLANDS
Travel through centuries of riverside life at this museum housed in a magnificent Georgian dockside warehouse. From the Mudlarks play area and free activities for families to thought-provoking galleries, walks, talks and evening events for adults, there is something for everyone.

MUSEUM OF LONDON

For more information and ideas for days out, go to tfl.gov.uk/dlr
been transformed into nearly 3,000 new homes, a school for children aged three to 18, as well as cafés and bars, set among 27 landscaped acres.

Although things will still be taking shape in the next two years, to the north of the main park, east Londoners have already been enjoying the new landscape. The Northern Parklands will be developed further in coming months, but already this wide green space links Hackney Wick and Leyton with the waterways and wildlife of Queen Elizabeth Olympic Park.

**Family gatherings**
Families have been quick to adopt the brand new Tumbling Bay playground as a favourite way to keep kids happy, with a sandpit, den-building, insect trails and walkways among the teapos.

At the nearby Timber Lodge, the Unity Kitchen Café (020 7241 9076) is a social business that not only serves delicious hot and cold food from 8am to 8pm daily, but is also the focus for free and low-cost family events. Unily has already established its foodie credentials with kitchens and coffee shops in east and south-east London, serving everything from soups and hot pots to baguettes and cakes.

**New village life**
Almost exactly a year to the day after the keys to the London 2012 Athletes’ Village were handed back after the Games, East Village is due to open. Overlooking the park and Westfield Stratford City, the apartments built for competitors to stay in during the Games have

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**Queen Elizabeth Olympic Park**
Renamed early this year, the former Olympic Park was always designed to have a second life after the Games, leaving a lasting and meaningful legacy for Londoners.

**Reveal your inner sports hero**
Queen Elizabeth Olympic Park is very much a work in progress and will continue to grow at pace in the next couple of years. The Olympic Stadium played host to some of 2013’s biggest events, but more recently the Copper Box Arena (020 8221 4900), which hosted handball, fencing and goalball during London 2012, has reopened as the home of the London Lions basketball team. You don’t have to be on the A-list to get in on the action, though.

In fact, spring 2014 sees a major shift in how much of the changing Olympic Park you can sample for yourself. Pack your towel and swim mers, too, when the Aquatics Centre reopens for swimming, diving and water polo.

**Looking ahead to 2014**
Over the winter months, further progress will be made on the long-term project to transform the entire former Olympic Park. Anyone who went to the Olympic or Paralympic Games couldn’t fail to notice how the Games venues were spread across a waterside landscape around the River Lee. The Wetland Walk is already open, and in spring 2014 the southern section of Queen Elizabeth Olympic Park will open up as a new waterfront area called Canal Park along the Lee Navigation, linking three new neighbourhoods with existing communities, and the restored 1930s Carpenters Lock will reopen. Cleaning up and restoration of the Lower Lee Valley’s historic waterways will also be completed by this time.

**Seeing and doing**
In fact, spring 2014 sees a major shift in how much of the changing Olympic Park you can sample for yourself. Pack your towel and Speedos and head for the South Plaza – the area around that long avenue of friendly helpers who directed ticketholders on their way after they’d come through the gates during London 2012. By spring the South Park will be open, with easy access to the ArcelorMittal Orbit and the Aquatics Centre (see opposite). During the 2012 Games, Eton Manor was home to wheelchair tennis matches and training pools for aquatics events. On the site of the old sports club, in spring 2014 the Lee Valley Hockey and Tennis Centre will open, hosting major tournaments including the European Hockey Championships in 2015, and making its superb facilities available to the public year-round. You’ll be able to hire a hockey pitch, or learn how to play wheelchair tennis.

**Two wheels even better**
The Olympic Velodrome, scene of much of Team GB’s cycling glory, will reopen in March 2014. World-class competitors will still be able to train and compete here, but it will become a community sports venue, the Lee Valley VeloPark. The VeloPark will be accessible to schools, clubs and anyone who wants a drop-in ‘pay and ride’ session, and the facilities will include new features not seen at London 2012 – a one-mile floodlit road cycle circuit, a remodelled version of the Olympic BMX track and 8km of mountain bike trails. This will make the VeloPark the first venue in the world where BMX, mountain biking and road and track cycling can all be enjoyed in one place.

**Charlotte’s kitchen**
Charlotte arrived by DLR – it’s much more interesting than going under the ground. ‘I’m going to The O2 to see my son play wheelchair tennis, and I’m getting a drop-in for mum, I don’t know what yet.’

**What’s next?**
For the rest of 2013, special events will allow Londoners to enjoy the fast-evolving Queen Elizabeth Olympic Park for themselves, with a whole new array of amazing venues blossoming in spring 2014.

In 2015-16, more residential and leisure districts will open, as E20 continues to develop – London’s newest postcode, for London’s newest community. For the latest information about what’s there now, what’s coming next and what to expect in the future, visit www.queenelizabetholympicpark.co.uk.
EXPLORING EAST END CULTURE IN STRATFORD

Stratford has Europe’s biggest urban shopping mall and the UK’s tallest sculpture, but it’s not all high street shopping. Amidst the high street favourites and eclectic independent shops, there are a range of things to do. From free exhibitions, events and classes, to a bike hire facility and a great café, there’s something for everyone.

Shopping

You can’t miss Westfield Stratford City (£20.1E, www.westfieldlondon.com) as you leave Stratford DLR station. It’s home to over 300 retailers, including major stores such as John Lewis, Marks & Spencer and Waitrose. Cath Kidston, Prada, Foyles and Vans are also here, as well as an Apple Store and Getty Images Gallery. Apart from the big names, the Great Eastern Market has fresh produce and a huge range of independent suppliers and guest appearances by pop-up stores. Westfield is more than shops, with the 24-hour Aspers Casino, 17-screen Vue cinema and All Star Lanes bowling alley, plus events and shows.

Entertainment

From the station, pass through the Stratford Centre to find Stratford’s Cultural Quarter. The four-screen Stratford East Picturehouse (Salway Rd, E15 1BX, 0871 902 5740) shows British, international and arthouse films. Next door, Stratford Circus (Theatre Square, E15 1BX, 0844 357 2625) hosts circus, comedy, theatre and dance events.

The beautiful Theatre Royal Stratford East (E15 1BN, 020 8534 0310) has been producing shows since 1884 and now pioneers Oliver Award-winning plays, alongside contemporary musicals and youth workshops.

On the Greenway by Pudding Mill Lane DLR is the striking lime-green View Tube (Marshgate Lane, E15 2PJ, 07530 274 160), a community and arts venue made of recycled shipping containers that offers superb views of Queen Elizabeth Olympic Park. It hosts free exhibitions, events, classes, a bike hire facility and a great café run by Moka East (07506 870 837), with a terrace for the best park views.

Artecromittral Orbit

The abstract steel curlicues of the UK’s tallest sculpture dominate the view of Queen Elizabeth Olympic Park. The 114.5m Orbit was designed by Anish Kapoor and Cecil Balmond to commemorate the 2012 Olympics.

For now, you can only see it from the outside, but it will open to the public from spring 2014, with a spiral staircase of 355 steps – and a lift leading up to a viewing platform.

Tickets go on sale in early 2014, with discounts for local residents. Find out more at www.stratfordlondonapp.com.

Attractions

Kids can get their imagination on at Discover Children’s Story Centre (0853-387 High St, E15 4OZ, 020 8536 5525). London’s only children’s museum where families can play, learn and make up stories together.

St John’s Church (Broadway, E15 1NG, 020 8503 1913) has been a local landmark since 1834 and the Old Town Hall (29 Broadway, E15 4BG) is steeped in local history – James Keir Hardie, Labour’s first MP, was elected there in 1892.

Eating and drinking

Westfield Stratford City has raised the area’s food game with four superior chain restaurants – Jamie’s Italian (020 3635 8063) and London Thai legends Busaba Eathal (020 8221 8989), who sit next to sourdough pizza specialists Franco Manca (020 8522 6669) and London street food joint Wahaca (020 3288 1029). You can also try authentic West Indian dishes at the Carribean Scene Quick Kiosk (020 8522 8660) serves up West Indian dishes.

There’s also home-cooked Cantonese food at the Theatre Royal bar-restaurant (Gerry Raffs Square, E15 1BN, 020 8279 1161), or try a quality coffee and snack at the Circus Café at Stratford Circus (Theatre Square, E15 1BX, 020 8279 1022). Also worth a visit are the Indian Gate (150 The Grove, E15 1NS, 020 8534 7770), offering Indian and Persian dishes, Dar Marrisheek (403 High St, E15 4OZ, 020 8221 0113), with authentic Moroccan and Lebanese cuisine, and the Polish Londek Café (198 The Grove, E15 1NS, 020 8270 0063), while traditional Italian cuisine is always popular at Café Mondo (3 West Ham Lane, E15 4PH, 020 8519 4013). Long before Westfield, there was the 19th-century Grade II-listed King Edward VII pub (47 Broadway, E15 4BQ, 020 8534 2313), or there’s the family-run Railway Tavern (131 Angel Lane, E15 1DB, 020 8534 3123), known as the place where Iron Maiden played their first gigs.

Visit Stratford app

The free Visit Stratford iPhone and Android app lists over 500 restaurants, bars, shops, hotels and attractions, to help you plan your itinerary. Features include an interactive map, audio walking guide and entertainment listings. See www.visitstratfordonapp.com.

Get here by DLR

Stratford International or Stratford are the nearest DLR stations to the town centre and Westfield (0871 902 5740). To explore Stratford Town Centre and Westfield, you need to walk or use the DLR. A new free shuttle bus service (Three Mill Lane, E3 3DU, 020 8980 4626, www.townhallstratford.co.uk) will take you to some of the main sights, including the 19th-century Grade II-listed House Mill (Three Mill Lane, E3 3DU, 020 8980 4626, www.housemill.org.uk), the world’s oldest surviving tidal mill. There have been mills here since Saxon times, and this one began milling grain to produce gin for Londoners in 1776.

KATHERINE FROM STRATFORD

‘I think Stratford is the ultimate night out. I love going to All Star Lanes and end the night with tequilas at Wahaca. I also like Busaba Eathal and Nando’s Italian at Westfield.’

Explore by DLR 2013
**ROYAL DOCKS**

The three Royal Docks – Royal Victoria, Royal Albert and King George V – are home to shops, restaurants, water sports, the city’s first cable car and more – all you need for a day out.

**SS Robin**

The world’s oldest steam coaster is due to reopen in 2014 after a five-year £3 million restoration. Built in 1890, just a mile from the forces that will shape our city in the coming decades.

**Wakeup Docklands**

London’s only wakepark offers beginners and experts cable-towed wakeboarding, wakeskating and stand-up paddleboarding, and there’s airborne action with water-powered jet packs. www.wakeupdocklands.com

**Newham City Farm**

Along the DLR at Royal Albert you’ll find this long-established city farm. Visit Blaze the gigantic shire horse or taste honey made in the farm’s very own beehives. www.newhamcityfarm.co.uk

**The Crystal**

Free, interactive exhibition on the future of cities, with interactive displays and exhibits that bring sustainability to life for young and old alike. Since it opened a year ago, the free exhibition has had over 100,000 visitors.

**THE CRYSTAL**

What will London look like in 2050? Visit The Crystal, one of the world’s most sustainable buildings and find out about the forces that will shape our city in the coming decades.

**Guided tours**

Anyone can drop in to The Crystal, but you’ll get the most out of your visit with a guided tour (available Tue-Sat). Visitors are shown exhibits on city trends, urban planning, smart buildings, safety and security, energy, water, healthy living, the environment and mobility – all the key areas that shape modern urban living.

**Entrance to the Crystal exhibition is free of charge, with dedicated tours offered at £6 per person, lasting 1hr 30mins. If you’d like a free tour, just contact tours@thecrystal.org and mention this article (ref. TimeOut124). The exhibition is open from Tuesday to Sunday from 10am to 5pm. The Crystal Café is open seven days a week, from 10am to 5pm on weekdays and until 7pm at weekends. See the website for details of special events. www.thecrystal.org**
Greenwich offers a perfect mash-up of grand tradition and modernity. Steeped in history, it has impressive royal and nautical connections, but modern living is at its heart, too, with great shopping, restaurants, entertainment and nightlife.

Getting there couldn’t be easier. Arrive by river boat, as in times gone by, or by DLR, and be treated to vistas of London’s skyline and shiny towers. Journey time is only 20 minutes from Bank or Tower Gateway and 10 minutes from Canary Wharf. For more history and riverside views, take the DLR to the Royal Arsenal site at Woolwich to explore its 21 listed buildings and its explosive past.

Naval heritage
Stunning architecture is all around, typified by the iconic dual domes of the Old Royal Naval College (Park Row, SE10 9NN, 020 8269 4799, www.omc.org), designed by Sir Christopher Wren. It has appeared in films from ‘Les Misérables’ to ‘Pirates Of The Caribbean’ – take a movie tour to find out more, or dine like an admiral at one of the themed evenings at The Old Brewery on the site (020 3327 1280, www.oldbrewerygreenwich.com). Lobster, anyone? To book a guided tour of historic highlights, visit the Greenwich Tourist Information Centre (2 Cutty Sark Gardens, SE10 9LW, 0870 608 2000, www.visitgreenwich.org.uk).

Royal gardens
For some peace and tranquility, head to the lush expanse of Greenwich Park (www.royalparks.org.uk), dating back to 1427. Stroll along picturesque avenues and visit the Queen’s Orchard, and don’t be surprised if you stumble across a life-size flock of wooden sheep in the children’s playground – it’s a novel re-use of props from the London 2012 Olympics that formed part of a farm-themed equestrian jump!

Bon vivants
As the evenings start to draw in, Greenwich’s social side kicks in. Choose one of the great riverside venues to meet up with friends after work, for perfect views as the sun goes down. If you want to make a night of it, consider staying at a nearby hotel. Mercure Greenwich (Catherine Grove, SE10 8FR, 020 8469 4440, www.mercure.com) is very stylish, while the Novotel (173-185 Greenwich High Rd, SE10 8LA, 020 7660 0682, www.novotel.com) has a fresh and contemporary feel.

Starry nights
The attractions don’t finish there, The O2 (Peninsula Square, SE10 0XX, 0845 856 0202, www.theo2.co.uk) is a 50-minute river hop away. See a show at the world’s most popular live venue – everyone from the Rolling Stones to ‘Walking With Dinosaurs’ have been there – or dine at one of the restaurants, see a movie at the 11-screen Cineworld or enjoy your 15 minutes of fame at Sky Superscreen. For those with a head for heights, try the new Up at The O2 roof walk or a trip on the Emirates Air Line cable car.

There are also lots of big names at the O2’s British Music Experience, with memorabilia from Beatlesmania to Bowie, and the iconic Union Jack dress worn by Spice Girl Geri Halliwell.

Get here by DLR
For all the main attractions, the nearest DLR station is Cutty Sark for Maritime Greenwich.
GREENWICH SHOPPING AND FOOD

A handbag fashioned from cork by Corkville (www.corkville.co.uk), a candle in an ‘orphaned teacup’ at Teabird (www.teabird.co), a Dalek Big Ben artwork by Cut N Paste Graphics (www.cuthtpaste.graphics.co.uk), or a brightly coloured hula hoop from Hoops a Daisy. These are just some of the quirky finds at the famous Greenwich Market (www.shopgreenwich.co.uk). It features independent shops and around 120 stalls of designer maker fashion, homewares, toys and gifts – and it’s under cover, so you can browse come rain or shine (Tue-Sun, 10 am - 5.30 pm).

Fashion sense

The latest addition to the market is the Shoe Embassy shop (www.shoeembassy.com), specialising in handcrafted women’s leather shoes, boots, sandals and heels in designs that are original, charming and practical. The streets surrounding the market are also full of independent shops. Just opened is Meet Bernard – Women’swear (22 Nelson Rd, SE10 9LB, 020 8858 4047), with the same blend of edgy tailoring and carefully sourced hard-to-find labels as the original Meet Bernard menswear store next door, a local fixture since 2005.

Global gourmets

Stick a pin on the globe and the chances are you’ll find the local cuisine represented in Greenwich. The selection of exciting street foods at the market changes daily, but favourites include Victus + Bibo for their Turkish wraps filled with lamb, hummus, halloumi and salads, La-Mian & Dim Sum for hand-pulled noodles, The Real Baking Company for home-baked biscuits and cakes, and Ruby Tuesdays for vegan cupcakes. If afternoon tea (or, indeed, tea at any time) is your thing, head to Red Door café-gallery-shop (10 Tumpkin Lane, SE10 9HA, 020 8858 2131, www.reddoorgallery.co.uk) for teas and cakes served in vintage porcelain, while Rhodes (37 King William Walk, SE10 9LU, 020 8858 8995, www.rhodesbakery.co.uk) is a baker’s delight with fresh-from-the-oven breads.

A feast of food

Relaxed Jamie’s Italian (17 Nelson Rd, SE10 9JB, 020 3667 7087, www.jamieoliver.com) is open all day for pastries to hearty meals, with a great kids’ menu – plus a chic deli, The Rivington Grill (178 Greenwich High Rd, SE10 8NN, 020 8293 9270, www.rivingtongreenwich.co.uk) serves modern British and European fare, and it’s next to Greenwich Picturehouse, perfect for a pre- or post-movie supper. The newly refurbished Greenwich Tavern (1 King William Walk, SE10 9JH, 020 8858 8791, www.greenwichbartavern.co.uk), by Greenwich Park, has coffees to cocktails and all dining options, with live music on Fridays.

GREENWICH WEST INDIA QUAY

WEST INDIA QUAY IS THE SPOT FOR RELAXATION – SMALLER, QUIETER, PERFECT FOR STROLLING AND LINED WITH ELEGANT BARS AND RESTAURANTS

op off the DLR at West India Quay, or stroll across the lime-green floating pontoon footbridge from Canary Wharf, and you’ll find yourself in the pleasant environs of West India Quay, a former dock for imports of sugar and rum from the West Indies. The quay is lined by 200-year-old warehouses that are home to Museum of London Docklands and a row of lovely bars and restaurants with a big terrace of outdoor tables. Hidden from view, inside or behind the warehouses, are mini-shopping malls, a gym, a cinema and the Marriott Hotel.

Dining delights

The strip of riverside eateries is set within the warehouses that adjoin the museum and Rum & Sugar bar-restaurant (see p16), with a choice of world cuisine to suit all tastes.

WEST INDIA QUAY IS THE SPOT FOR RELAXATION – SMALLER, QUIETER, PERFECT FOR STROLLING AND LINED WITH ELEGANT BARS AND RESTAURANTS

Get here by DLR

The nearest DLR stop is West India Quay, or Canary Wharf DLR is a couple of minutes’ walk away.

Chill out by the water at…

West India Quay

Try the wild boar and chorizo meatballs at Browns Bar & Brasserie (020 7987 9777) or spicy Lebanese and Indian platters at Temple Lounge (020 7005 0862), Henry’s Café (020 7515 8361) has gourmet burgers, traditional fish and chips and artisanal sourdough baguettes and Strada (020 7538 9435) is the place for no-nonsense pizzas, pastas and risottos.

Independent Spanish Levante (020 3069 8981) serves main courses, tapas, and Ibérico ham platters, with Spanish and international beers and wines. La Tasca (020 7531 9990) does traditional tapas from calamares to chorizo, paella and prawns, with a nice tapas menu.

Succulent Scottish and USDA Angus steaks are the order of the day at the Manhattan Grill (020 7515 8359), with a hearty menu. R &R at the end of the working day.

Makeovers and movies

At the mini Atrium Mall, in the same warehouse as the restaurants, stop off at Klein’s Hair & Beauty (020 7987 9350) for a quick spruce-up and beauty treatment, or walk through the mall for a workout, class or swim at LA Fitness (0843 170 1005) or a relaxing acupuncture session or deep tissue massage at China Health Spa (020 7515 0888).

Now that you’re well groomed, fit and relaxed, you can sink into a comfy seat to watch the latest blockbuster at the ten-screen Cineworld West India Quay (0871 200 2000), on Hertsmere Road behind the warehouses.

For full details of shops and events at West India Quay, visit www.westindiaquaycentre.co.uk.
MUSEUM OF LONDON DOCKLANDS

This unique museum tells the story of London’s 2,000 years of global trade, the dockers, sailors and traders who made London rich, and the docks’ colourful and shameful past.

River life
The museum (sister to the Museum of London Wall) explores the 2,000-year history of the city’s connections with the world. With three floors of interactive displays and hundreds of artefacts, many excavated from the river and its muddy banks, the museum takes you on a journey from Roman settlement in 43 AD to Saxon invasions, the grim and glory of Victorian London and the Blitz bombings of World War II, right up to the regeneration of Canary Wharf.

A living history
Start on the top floor and meander through the centuries, from Roman and Saxon artefacts, to travel and harbour tools, including some vicious-looking hooks and spears, to the Tudor era, when Elizabeth I introduced customs charges to boost the royal coffers.

As London thrived, much of its wealth depended on profits from the slave trade. It’s a little-known fact that London was once the world’s fourth-largest slaving port – the fact that London was once the grim and glory of Victorian London rich, and the docks’ colourful and shameful past.

To mark its tenth anniversary, the Museum also pays homage to heroes. A collection of evocative and ghoulish artefacts, some poignant elements to tell the brutality of the conditions on board, as well as profiling those who fought to end slavery.

Heroes and villains
Britain’s thriving global trade led to warehouses stuffed with every conceivable commodity – spices, grain, sugar, coffee, tea, wines, spirits, tobacco, shells, furs, feathers, leather, wool, Oriental carpets and more – but there was a seedy side to marine life.

Piracy was rife, and on land, dishonest dockers pilfered from the quaysides – one of the reasons the secure warehouses on West India Quay were built. Maritime crimes were tried by the Admiralty, and punishments were harsh – if found guilty, smugglers and pirates were hanged at Execution Dock in Wapping and their bodies hung up in a gibbet cage as a deterrent to others. The Museum’s 18th-century gibbet, used for pirates such as Captain Kidd, is one of its most popular and ghastly artefacts.

It’s not all bad, though – the Museum also pays homage to heroes. A collection of evocative paintings by William Wallop portray the intensity of the Blitz on London’s docks, and one very special wartime memento is the flag that flew on one of the first boats to reach France in the D-Day landings of June 6 1944, found among the personal effects of George Stuman, the coxswain.

Anniversary exhibition
To mark its tenth anniversary, Museum of London Docklands is hosting its largest contemporary art exhibition to date. Estuary (until October 27) celebrates the unique geographical position of London as a gateway to the sea, stretching from the city to Tilbury Docks, Canvey Island, Southend and Margate. Showcasing 12 artists working in photography, film, painting and prints, the exhibition captures the natural and man-made landscapes that typify the Thames Estuary – its desolate mudflats and salt marshes, vast open skies, container ports, power stations and seaside resorts.

For further insight, head to the museum after hours on Thursday October 3 (£7, booking advised) for a special event, Inspired by the Estuary, when the exhibition’s curator Francis Marshall chats to artists William Rabin and Nikolaj Bendix Skyum Larsen about how the estuary inspired them.

Wool@late
Long before the current trend for stitch ‘n’ bitch, the Thames played a big part in the lucrative wool trade. It’s a little-known fact that London was once the world’s fourth-largest slaving port – the fact that London was once the grim and glory of Victorian London rich, and the docks’ colourful and shameful past.

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Docks, Canary Wharf, West India Quay, E14 4AL, 020 7538 2702 (until October 27) celebrates the unique geographical position of London as a gateway to the sea, stretching from the city to Tilbury Docks, Canvey Island, Southend and Margate. Showcasing 12 artists working in photography, film, painting and prints, the exhibition captures the natural and man-made landscapes that typify the Thames Estuary – its desolate mudflats and salt marshes, vast open skies, container ports, power stations and seaside resorts.

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Wool@late
Long before the current trend for stitch ‘n’
Get here by DLR  
The nearest DLR stations for the shops and attractions are Canary Wharf or Heron Quays.

**LIVE THE HIGH LIFE AT...**

**CANARY WHARF**

With its shiny towers and busy street life, Canary Wharf looks like a mini-Manhattan, but its vibe is more Cool Britannia, a place to relax and shop in style.

**SHOPPING**

**Canary Wharf is not all about business bustle; with over 280 shops, cafés, bars and restaurants in four malls – Cabot Place, Canada Place, Jubilee Place and Churchill Place – it’s the place to relax and shop in style.**

**City chic**

Get suited and booted in classic tailoring at Jaeger Menswear (Cabot Place, 020 7538 9730), and Jaeger Womenswear (Cabot Place, 020 3328 9440) or check out the pedigree of the pinstripes at luxe brand Alfred Dunhill (Cabot Place, 020 7519 6326).

**True Brits**

For that Kate Middleton style, head to Reiss (Jubilee Place, 020 7519 6176) for softly flirty dresses, or for something a tad edgier and trendier, try Ted Baker (Canada Place, 020 7538 9588), River Island (Cabot Place, 020 7719).

**Hugo Boss**

For a grooming fix, make-up artist to the stars Bobbi Brown (Canada Place, 07827 993 778) launches a new collection every season that echoes catwalk palettes, while Space NK (Cabot Place, 020 7719 1902) features a host of cult beauty brands. And for nails to match any outfit, stop by Nails Inc (Cabot Place, 020 7519 1669) for an express mini-manicure – you’ll be good to go in 15 minutes.

**Sweet smell of success**

Whether you like to run, take to two wheels or spend a couple of hours climbing, Tom Aikens’ take on comfort food at L’Occitane (Jubilee Place, 020 7516 9171), which promises a Provençal sense of wellbeing, or Kiehl’s (Jubilee Place, 020 7719 0288), which started life as a Manhattan apothecary in 1851.

**Gifts and homeware**

The country’s largest Waitrose (Canada Place, 020 7719 0300) features food, fashion and homewares, plus a well-stocked toys and games section. More chic interiors, in a tastefully pale palette, are found at The White Company (Cabot Place, 020 7719 6381), who also cater for children – presumably those who don’t have chocolatey fingers – with a collection of cute pyjamas and toys.

**New for 2013**

The new extension to Jubilee Place mall, opening in November, brings an additional 21 new stores, including premium US fashion brand Banana Republic, who recently announced a collaboration with Issa, makers of the royal blue dress worn by the Duchess of Cambridge on her engagement.

For cool, understated elegance at an affordable price, Swedish fashion brand H&M (16-19 Canada Square, 020 7970 0900) carries apparel for all bodies, from boxing, swimming and running to rock climbing.

**The sporting life**

Whether you like to run, take to two wheels or spend a couple of hours climbing, Tom Aikens’ take on comfort food at L’Occitane (Jubilee Place, 020 7516 9171), which promises a Provençal sense of wellbeing, or Kiehl’s (Jubilee Place, 020 7719 0288), which started life as a Manhattan apothecary in 1851.

**Dining**

If the shopping has the wow factor, the dining experience matches it and more, with an international flavour and cuisine from fine dining to street food.

**Fine dining**

The long-awaited opening of Tom’s Kitchen Canary Wharf (11 Westferry Circus, 020 3011 1555) has created a real buzz. The vibe is slick but welcoming, and Tom Aikens’ take on comfort food is impeccable. Open every day, the weekend brunch – starring glorious eggs benedict, and brioche French toast with caramelised apples and cinnamon cream – is already very popular, so book early. There’s a kids’ menu, and a great deli, too.

The openrobata grill, where you can watch the chefs preparing the ingredients, is at the heart of the experience at Japanese eatery Roka (The Park Pavilion, Canada Place, 020 7538 5228). Try classics such as black cod marinated in yuzu miso, and brioche French toast with caramelised apples and cinnamon cream – is already very popular, so book early. There’s a kids’ menu, and a great deli, too.

**Hale and hearty**

Meat lovers stamped to Gaucho (29 Westferry Circus, 020 7987 9494) for prime Argentinian beef, or for perfect steak frites, head to Le Relais de Venise L’Entrecôte (18-20 Mackenzie Walk, E14 4PH, 020 3475 3331), with no menus or reservations – simply choose how you want your steak cooked.
There’s top-quality traditional and nuevo Spanish cooking at Iberica and the outdoor Iberica La Terraza (Cabinet Square, 020 7636 8852) where executive chef Nacho Manzano, of two Michelin-starred Casa Marcial in Asturias, elevates tapas to the level of haute cuisine.

For a portion of hearty Italian goodness, choose from favourites Carluccio’s (Reuter’s Plaza, 020 7719 1749), Jamie’s Italian (Churchill Place, 020 3002 5252) and Pizza Express (Cabinet Place, 020 7513 0513). For something different, try Obika Mozzarella Bar (West Wintergarden, 35 Bank St, 020 7719 1532) where you can try three creamy varieties of the lovely creamy stuff, including smoky butafa affumicata, as well as pizzas and regional Italian specialities.

**World of flavours**

If it’s tacos and tortillas you’re after, Wahaca (The Park Pavilion, 40 Canada Square, 020 7516 9145) hits the spot, and Nando’s holds its own if it’s that chilli kick that floats your boat (Cabot Place, 020 7512 0397; City favourites Corney & Barrow (9 Cabot Square, 020 7512 9650).

**Food on the go**

Latte lovers can get their caffeine fix at Espresso (16-19 Canada Square, 020 7719 5886) and the nearby Bar (One Canada Square, 020 7512 9650).

Enjoy tasty noodles and stir-fries at Wagamama (Jubilee Place, 020 7512 9000) or your choice of Thai, Chinese, Malaysian or Singaporean dishes at Sri Nam (1 North Colonnade, 020 7719 9515), where you can sit down or take away. Or try it Japanese style at Wasabi (Cabinet Place, 020 7719 8247) and three branches of Itsu (Canada Place, 020 7516 9085; Cabot Place, 020 7512 5790; Jubilee Place, 020 7512 9650).

**DRINKING**

Any tipple craving can be satisfied at Canary Wharf. For champagne and cocktails, try the fourth-floor bar at Plateau (16-19 Canada Square, 020 7715 7100), with a great view over Canada Square Park. You can look out on Cabot Square from the spacious Andeas-cigar terrace of Boisdale of Canary Wharf (Cabinet Place, 020 7715 5838), which has a restaurant, grill and 12m-long whisky bar with over 1,000 bottles of world-class malts – plus live jazz accompaniment, as selected by Patron of Music Jools Holland. Just fancy a pint? City favourites Corney & Barrow (9 Cabot Square, 020 7512 0397) are happy to oblige.

**ARTS & EVENTS**

**Open-air art**

From Canary Wharf’s inception, new commissioned public art and the use of open spaces were integral part of the design vision. The Canary Wharf Estate has one of the UK’s largest collections of publicly accessible art, with works by leading artists and designers, and hosts a year-round programme of exhibitions and special events – all free to view.

**Wander and wonder**

Stroll through the piazzas and along the waterside promenades, or explore the spacious shopping malls, and it won’t be long before you stumble across a statue or piece of conceptual art. Look skyward to admire the 50m ‘Windward’ by Ron Arad, a towering shaft of bright crimson carbon fibre that sways in the breeze along Canary Riverside. Enter nearby Westferry Circus Gardens to enjoy the tapering ‘Gazelle’ by David Cerny, inspired by Indian architecture, and the soft curves of ‘Cosmic Stone’ (‘Cosmic Stone’) by Do Vassilakis König, whose gleaming exterior reflects the surrounding park and buildings.

There are striking bronzes and figures with classical features, such as the mask-like ‘Centurione I’ by Igor Mitoraj, or Giles Penny’s ‘Man with Arms Open’, a roughhewn bronze figure with head thrown back and arms outstretched in an exuberant lust-for-life pose.

The expressionistic shapes and scribbly lines of Bruce McLean’s 40m-long ‘Sculptural Railings’ bring wit and humour to a stretch of Fisherman’s Walk, just as the whimsical, angular metal figures of Lynn Chadwick’s ‘Couple On Seat’ brighten up Cabot Square and provide visitors with a perfect photo opportunity sitting between the bronze couple.

End your art tour in pretty Heron Quays Park, near South Dock, to see the latest acquisition, the rounded, tactile ‘Sacrificial Anode’ by Ellis O’Connell, which joins the three other sculptures there.

Take a wander and see what you can discover! To find out more about the works, pick up a free Art Map, available around the Estate, or download it from www.canarywharf.com.

**Sculpture at Work**

As well as the Canary Wharf Estate’s 65-plus pieces of public art, there are spaces showing exciting temporary exhibitions. The Sculpture at Work series of exhibitions has been running since 2001, on now is ‘Bronze Sculptures from the Ingram Collection’ (until November 15) in the lobby of One Canada Square. This exhibition by some of Britain’s most important 20th-century artists is on loan from the private collection of businessman Chris Ingram. It’s free and open seven days a week. The Community Gallery in Jubilee Walk showcases work by local art projects. Until November 13, it has works made by Headway East London, who work with people affected by brain injury, through art, music and writing therapy.

**Fashion flair**

Carnaby Rocks (November 1-3) is the perfect chance to update your wardrobe and be inspired by the latest catwalk collections. Expect an exciting mix of runway shows, exclusive shopping events and great offers to showcase the new season’s collections, with shops at all four malls taking part.

**Ice skating and starry nights**

As autumn creeps in, the skyline looks stunning on those clear blue-sky mornings. The fairy lights will soon be twinkling in the trees in preparation for the festive season, and the outdoor ice rink in Canada Square Park will again be at the centre of all the fun. It’s open from October 26 to February 16 2014 – plenty of time to get your skates on.

Pint-sized Rockies can skate with a polar bear to aid balance (alias, these are just for the kids) and you can book lessons to help perfect your pirouettes, but who cares if you take a tumble? It’s all part of the fun. Pick up a flirty skater-style skirt to look the part, and don’t forget to stop for a warming hot chocolate at the ringside café after your session. You never know your luck…

**Santa’s delights**

The malls will be decked with boughs of holly and filled with festive spirit, and the shops will be full of inspiration for your Christmas wish lists. The jolly fellow in the red suit will be saying a hearty ‘Ho ho ho’ at Santa’s Grotto in Jubilee Place (Nov 30, Dec 1, 7, 8, 14-24; 11am-5pm, £2 donation to charity) and there’ll be activities including arts and crafts and face painting – expect to see a few Rudolf red noses! Check the website at www.canarywharf.com for updates on the Christmas festivities.
EXPLORE MORE BY...

BICYCLE, RIVER AND AIR

The DLR network leads you from the City to east and south-east London, but once you step off the train, you can go further and tour the area from many different perspectives: on two wheels, on the water – or 90 metres up in the air.

**Emirates Air Line**
No, you don’t need your passport. Opened in 2012, the Emirates Air Line is a unique way to travel in London – the capital’s first cable car. It’s been a huge hit with commuters travelling across the Thames between the Greenwich Peninsula and Royal Victoria Dock, gig-goers heading for The O2, and visitors who simply want to take in the wonderful views – of the Olympic Park in Stratford, across the river to the Old Royal Naval College in Greenwich, east to the Thames Barrier and west to St Paul’s Cathedral.

Thirty-four cabins, travelling at six metres per second, make the cruise through the air on a journey just over 1km long. It runs until 9pm in summer (April to September) and 8pm in winter (October to March). You can even take a bike on board, if you’re touring the area.

With an Oyster card, adult tickets are from £3.20, children £1.60, with ‘360 degree tours’ (return tickets) available. See www.tfl.gov.uk/emiratesairline.

**Barclays Cycle Hire**
For journeys from A to B or for a leisurely ride, the Barclays bike has quickly become a blue icon on London’s streets. This self-service bike-sharing scheme is a great way to get around town, whether it’s a planned journey or a spontaneous jaunt, with docking stations all over the city and near many transport stops. It’s available to anyone aged 14 or over, 24 hours a day, every day of the year. Just hire, ride and return!

If you haven’t jumped on a Barclays bike yet, it’s brilliantly easy to get started. Just go to any docking station, select ‘Hire a cycle’ and follow the on-screen instructions to get a release code for your bike. Tap in the code and you’re away. When you’re done, go to any Barclays Cycle Hire station and push the bike into a docking point – a green light will tell you when you’ve docked successfully.

In the past 18 months there’s been a huge expansion of the Barclays Cycle Hire scheme into east London. To locate the nearest docking station to you, and see how many bikes are available, go to www.tfl.gov.uk/barclayscyclehire for a live map. Fees start from £2 for 24-hour access, including unlimited trips of up to 30 minutes each.

**Taking to the Thames**
River services offer a great way to travel in style. Services run between Woolwich in the east and Putney in the west (with changes), and as far west as Hampton Court in the summer. As the Thames curls past many of the city’s most significant landmarks and attractions, including central stop-offs at the London Eye and Bankside and on to Canary Wharf and Greenwich, even lifelong Londoners see something new from this watery perspective.

**River bus**
One of the most convenient options is the river bus – fast, frequent and reliable. Like a floating bus, this is a great service not just for commuters, but for families with kids, who love the idea of travelling by boat but want the freedom to hop on and off as they go.

River bus services are a great way to travel from central London and arrive in style for events at The O2 and nights out in Canary Wharf, Greenwich and Woolwich. Ticket price reductions are available for Travelcard and Oyster pay as you go cardholders. Choose a hop-on hop-off ticket, or a weekly pass, for ultimate flexibility.

**River tours**
For a more relaxed and leisurely experience, several river boat operators offer a range of trips – sightseeing tours with commentary, dinner cruises and live entertainment and disco cruises. Tours include hop-on hop-off deals and are designed for visitors who fancy a different way to get to know the capital.

You can use a river tour service to link to east London by disembarking at Greenwich Pier, then heading for the nearby DLR station. For river bus and river tour operator details, go to www.tfl.gov.uk/riverservices.
**GO BEYOND THE DLR**

You can pick up a Barclays Cycle Hire bike near many DLR stations, so it’s easy to explore further on two wheels. Find the nearest docking station at www.tfl.gov.uk/barclays cyclehirs. You can take a bike on river services and the Emirates Air Line at any time, and on the River Services and the Emirates Air Line at any time, and on the DLR off peak, so there are no restrictions on how far you can go.

**Shop in all directions**
The markets of Greenwich and fashion avenues of Canary Wharf and Westfield Stratford City are all well linked by DLR, and you can take the river services to Greenwich or Canary Wharf piers.

**Stretch your legs on the Greenway**
The 60km Jubilee Greenway foot and cycle path was established in 2012 to mark the 60 years of the Queen’s Golden Jubilee. The local section starts at Victoria Park and curves towards Stratford. Whether you’re on your own bicycle or on foot, stop at the bike-friendly View Tube arts space and café (Marshgate Lane, £15 2P), with a fabulous view of Queen Elizabeth Olympic Park. Order one of their excellent cakes or homemade soups and check out how the park is evolving.

The Greenway then continues from Stratford down to North Woolwich, where cyclists can use the foot tunnel to go south of the river, then head upstream past the Thames Barrier and the North Greenwich peninsula to the Riverside at Greenwich. From here you can take the river bus back into town and give yourself a well-earned rest!

**Get back to nature**
Hire a Barclays bike at Island Gardens and go round the Isle of Dogs, checking out the riverside birdlife here and from viewpoints at South, Middle and North docks, and Jubilee Park by Canary Wharf.

The biggest green space on the Isle of Dogs is sprawling Mudchute Park. There are four docking stations near the park, including one at Mudchute DLR, so park up and go for a walk, or visit Mudchute City Farm (020 8269 5901). With animals from goats to geese, pigs to turkeys, this is your only chance to have your picture taken standing in front of a llama with the Canary Wharf towers in the background...

**Cycle from the past to the future**
Arive in Greenwich as the Tudors would have – by river. Take your own bike on a river boat and disembark at Greenwich Pier. In 2012 the pier was refurbished and it’s now a great spot to grab something good to eat; the rooftop terrace at Nando’s (020 8269 1770) is perfect for a leisurely lunch or dinner taking in the beautiful river views.

After exploring the maritime history of Greenwich at the Old Royal Naval College, National Maritime Museum and Cutty Sark, cycle to the Emirates Air Line terminal close to The O2, cross over the river with your bike and pedal on to Stratford, where you can tour Queen Elizabeth Olympic Park and stop off for a coffee or smoothie at the Unity Kitchen Café (see p6).

**Go on a mates date**
If you’ve done the museums of South Kensington, get a new perspective at the brand new sustainable cities exhibition at The Crystal (see p11). It’s handy for the Emirates Air Line, taking you to The O2 and river services at Greenwich Pier.

Alternatively, take the DLR to East India, Blackwall or Westferry and jump on a Barclays bike to explore the ever-changing Docklands landscape – perfect for a leisurely Saturday with a difference. Tour the Isle of Dogs, dock your bikes at Island Gardens and walk through the Greenwich Foot Tunnel under the Thames to find somewhere good for lunch – with fresh food stalls and plenty of restaurants and cafés, you’re spoilt for choice. Finish up with a river bus to Canary Wharf Pier for a comedy show or quiz night.
EVENTS

Here’s a guide to some of the best events in Greenwich, Docklands and Stratford – art and music, talks, walks and exhibitions, sport, comedy, festivals and fun.

Globe Trotting
Ongoing, until Dec 31
Subtitled ‘Ethnographic Fans from the Collections of The Fan Museum’, this is a special exhibition looking at fans and fan production around the world, through the centuries. The Fan Museum, Greenwich. £4, £3 concs, £10 family.

The Ingram Collection
Ongoing, until Nov 15
Modern figurative bronzes from the collection are on display as part of the Sculpture in the Workplace series. Lobby, One Canada Square; FREE.

Love N Stuff
Ongoing, until Oct 5
Tanika Gupta’s hilarious and touching story of love, attachment and what we mean by home. After 35 years of marriage, husband Mansoor fancies swapping Stratford for Delhi, but Bindi’s not so sure... Theatre Royal Stratford East; £15–£28.50.

Yinka Shonibare MBE at Greenwich
Sep 18–Feb 23 2014
Following on from his ‘Nelson’s Ship in a Bottle’, which stands outside the NMM’s Sammy Ofer Wing, Shonibare has been invited to create large-scale artworks to ‘infiltrate’ the Royal Observatory, Queen’s House and other Royal Museums sites. Royal Museums Greenwich; FREE (entry fee for some pieces).

Astronomy Photographer of the Year 2013
Sep 19–Feb 23 2014
This competition and exhibition showcases incredible images of the cosmos taken by amateur astrophotographers from all over the world. Royal Observatory, Greenwich; FREE.

Billy Joe Saunders v John Ryder
Sep 21
Stunning Olympic venue the Copper Box Arena hosts this eagerly awaited British middleweight championship bout. Copper Box Arena; £43.50–£130.

New Food Market
Sep 21, Oct 5, Nov 9, Dec 7
Food from around the world, plus music in the Courtyard and free activities for children. Stratford Old Town Hall, 29 Broadway, E16 4GQ; FREE.

Newham London Waterfront Festival
Sep 21
Live music, water-based fun, children’s activities and the chance to explore The Crystal, topped off with a fireworks finale by the water (2–9pm). Royal Victoria Dock; FREE.

Open House London
Sep 21–22
Visit places of architectural interest not usually open to the public, including parts of the ORNC and Queen’s House that are closed at other times; see www.londonopenhouse.org.uk. Various venues; FREE.

Wood Wharf Food and Farmers’ Market
Sep 21, 28
Fresh organic produce and treats. Wood Wharf, Prestons Rd, E14 9SB; FREE.

Tour of Britain
Sep 22
The Tour of Britain returns to central London for its iconic finish at the heart of the capital. See www.tourofbritain.co.uk.

Macmillan Coffee Morning
Sep 27
Join this Greenwich Market charity fundraiser – buy a coffee at the Keith’s Coffee van, Hola Paella or the Red Door Gallery Café between 10am and noon and £1 from each coffee sold goes to Macmillan Cancer Trust. Greenwich Market.

Captured Starlight
All Oct
A brand new Planetarium show. Peter Harrison Planetarium, Royal Observatory; £6.50, £4.50 children/concs, £17.50 family.

October Family Events at Royal Museums Greenwich
All Oct
Lots of fun and educational events for children and families on Thursdays and at weekends, including half-term activities and a Halloween spooktacular family fun day at the Queen’s House. National Maritime Museum and Queen’s House; FREE.

Cutty Sark family programme
Oct-Jan 2014
Celebrate the rich culture of India in October, help mark the ship’s 144th birthday in November, and get creative with Chrismastymes in December and January. The sessions are in school holidays and on the first weekend of each month. Cutty Sark; FREE with regular entry to the ship.

Met Opera Live
Oct-May 2014

Quincy’s Talk and Quiz Night
Sep 26, Oct 31, Nov 28
Quincy of MTV’s ‘Rojo’s Comedy Funhouse’ with guests from the entertainment world and the local community, and a prize-laden quiz (age 18+). Stratford Circus; FREE.

Macmillan Coffee Morning
Sep 27
Join this Greenwich Market charity fundraiser – buy a coffee at the Keith’s Coffee van, Hola Paella or the Red Door Gallery Café between 10am and noon and £1 from each coffee sold goes to Macmillan Cancer Trust. Greenwich Market.

Badminton: London Grand Prix
Oct 1–6
Top talents return to Stratford as part of the Olympic legacy. Cooper Box at Queen Elizabeth Olympic Park; tickets from £10. Stratford Circus; £14, £12 concs.

Celebrating 10 Years of Discover
Oct 5, 6
A weekend of brand new work including shows, theatre and music for children. Discover, £15; FREE (Oct 5), £5 (Oct 6). Stratford Circus; £12 concs.

Robin Ince and Josie Long – Shambling
Oct 11, 12
Rants, raves, politics, a few songs and lots of comic silliness from this good-natured duo. Stratford Circus; £14, £12 concs.

Centrally Heated Knickers
Oct 12
A vibrant musical show for families and friends, with children’s poet Michael Rosen (3pm). On Oct 26, Rosen presents ‘Pinochio’ here, too. Stratford Circus; £10, £8 concs, £30 family.

The Big Draw with Blackheath Art Society
Oct 28
Join to create a collaborative montage based on Greenwich
and the River Thames, supported by members of the Blackheath Art Society. Suitable for all ages.

Clare Learning Centre, Discover Greenwich at the Old Royal Naval College; FREE.

Half term at Museum of London Docklands
Oct 28-Nov 2
Based on facts and fictions from the local area and exhibits related to the museum, these free activities for children throughout half-term week are loosely based on the theme of ‘Monsters’. The sessions include Monster Attack! on October 29 (age 5+) and November 1 (age 5+), part of the National Big Draw 2013 event. and Creepy Things on November 1 (age 5+). Museum of London Docklands; FREE.

Halloween at Greenwich Market
Oct 30
With scary stalls, ghoulish music, jack o’lanterns and lots of Halloween fun, this popular annual event promises to make SELo spooktacular. Kids can book in with Miss Libby Rose to make their own Halloween outfit to take home. Greenwich Market; FREE.

Barclays ATP World Tour Finals 2013
Nov 4-11
See the world’s top tennis stars compete at this annual round-robin tournament that ends the professional season. The O2: prices vary.

Royal Greenwich International Early Music Festival & Exhibition 2013
Nov 7-9
Major early music festival, with instruments and music for sale, demonstrations, masterclasses and performances, including The English Concert with Trevor Pinnock. See www.earlymusicshop.com for more details. Old Royal Naval College; £8/day, £17/3 days, under-14s FREE; concerts priced separately.

Wool @ Late
Nov 14
Grab your knitting needles for an epic night of knitting – with talks and demonstrations, plus stitching and bitching with leading craftivist collectives. Museum of London Docklands; £10 (age 18+).

Theatre Royal Stratford East;
Dec 7-Jan 5 2014
Acclaimed puppet theatre group Indefinite Articles and Discover Greenwich present ‘Robin Hood’ in a unique new version of the classic tale by Trish Cooke and Robert Hyman. (Audio described Dec 21, 7pm; captioned Dec 20, 7pm; signed Dec 21, 2pm.) Theatre Royal Stratford East; £23.50–£55.00

Father Christmas at Home
Nov 27
Meet Father Christmas in his residence at his Greenwich Grotto, with his funny elves, who treat the children to magic and balloon fun as they wait their turn to talk to Santa and collect their Christmas gift bag. Greenwich Market; £4 per child.

Lights On and Lantern Parade
Nov 27
Try something different this year – use the river boat services to travel between Christmas markets, view the festive lights sparkling on the water and mark New Year’s Eve on the Thames. See www.tfl.gov.uk/river_services.

Mr and Mrs Moon
Dec 7-5 2014
A charming children’s show with a snowy setting, by the excellent Oily Cart theatre group. This show is suitable for children aged two to five and will have the celebrated Oily mix of interaction, playfulness and adventure. Stratford Circus; £16–£10, £30 family.
For Greenwich Park, the National Museum of London Docklands is fully accessible.

For the Crystal, the closest stop is DLR: fully accessible.

For Santa’s Grotto, a special present.

Disney on Ice: Dare to Dream

for Dam 26-30, Jan 3-5 2014

Ice skating spectacular for all the family.

The O2; prices vary.

HOW TO GET HERE

Travel from south-east to east London on the DLR, and take in some splendid views along the way.

A trip on the Docklands Light Railway is always an event. Travelling quietly and speedily along elevated tracks, you can enjoy the unfolding city vistas through the trains’ big windows as you travel through east and south-east London.

It’s 26 years since the DLR first launched, and there have been constant developments and upgrades in the service since then, even within the last year. Back in the day, there were just 11 trains and 15 stations. Now, thanks to an £850m investment project, the railway system has 149 rail cars and 47 stations, and carries around 100 million passengers a year.

For more information about fares and tickets, visit www.tfl.gov.uk or call the 24-hour hotline (0343 222 1234). Service and network charges may apply, for details see www.tfl.gov.uk/terms.

FOR DETAILS OF ALL EVENTS, see www.tfl.gov.uk/term s.

THE WEBSITES FOR DETAILS OF ALL EVENTS.

CABOT PLACE AND CANADA PLACE

addresses for events

CABOT PLACE AND CANADA PLACE

Cabot Place and Canada Place
Canary Wharf, E14 5AH
(www.canarywharf.com)
Canary Wharf DLR.

Churchill Place
Canary Wharf, E14 5RB
(www.canarywharf.com)
Canary Wharf DLR.

Copper Box Arena
Queen Elizabeth Olympic Park,
E20 3HB (020 8221 4900,
queenelizabetholympicpark.co.uk)
Stratford International or Stratford DLR.

Cutty Sark
King William Walk, SE10 9HT
(020 8858 4422, www.museumoflondon.org.uk/
cutty.sark) Cutty Sark DLR.

Discover Children’s Story Centre
383-387 High St, E15 4QZ
(020 8536 5555, www.discover.org.uk) Stratford DLR.

East Wintergarden
43 Bank St, E14 5NX
(www.canarywharf.com)
Canary Wharf or Heron Quays DLR.

The Fan Museum
12 Crooms Hill, SE10 8ER
(020 8305 1441, www.thefanmuseum.org.uk)
Greenwich or Cutty Sark DLR.

Greenwich Market
SE10 9HZ (020 8269 5096,
www.shoppingreenwich.co.uk)
Cutty Sark DLR.

Greenwich Theatre
Crooms Hill, SE10 8ES
(020 8858 7755,
www.greenwichtheatre.org.uk)
Greenwich or Cutty Sark DLR.

Jubilee Place
Canary Wharf, E14 5NY
(www.canarywharf.com)
Canary Wharf DLR.

Lobby, One Canada Square
Canary Wharf, E14 5AB (www.canarywharf.com)
Canary Wharf or Heron Quays DLR.

Museum of London Docklands
West India Quay, E14 4AL (020 7001 9844, www.museumoflondon.org.uk/
doctorland) West India Quay or Canary Wharf DLR.

National Maritime Museum
Park Row, SE10 9NF (020 8858 4422, www.museumoflondon.org.uk)
Cutty Sark DLR.

The O2
Peninsula Square, SE10 0BB
(0844 856 0202, www.o2.co.uk)
Emirates Greenwich Peninsula terminal or North Greenwich tube.

Old Royal Naval College
Cutty Sark Gardens, SE10 9LW
(020 8269 4799, www.ornc.co.uk)
Cutty Sark DLR.

The Royal Docks
E16 (www.newham.com)
Royal Victoria DLR.

Old Royal Naval College
Cutty Sark Gardens, SE10 9LW
(020 8269 4799, www.ornc.co.uk)
Cutty Sark DLR.

Royal Observatory and Peter Harrison Planetarium
Blackheath Avenue, SE10 8UJ
(020 8858 4422, www.museumoflondon.org.uk)
Cutty Sark DLR.

Stratford Circus
Theatre Square, E15 1BX (0844 357 2625, www.stratford-circus.com)
Stratford DLR.

Stratford East Picturehouse
Theatre Square, E15 1BX (0871 902 5470, www.picturehouses.co.uk)
Stratford DLR.

Theatre Royal Stratford East
Gerry Raffles Square, E15
18N (020 8534 0310, www.stratfordeast.com)
Stratford DLR.

How to get here

• Children under 1.1 travel free on the DLR at any time (with an Oyster photocard or when accompanied by an adult).
• An off-peak Oyster single adult fare for zones 1-3 is £2.70.
• Trains run every ten minutes and as often as every three and a half minutes at peak times.
• The DLR is fully accessible.

All DLR stations have lifts and all the trains have wheelchair and pushchair areas.

The DLR connects to the Underground at Bank, Tower Gateway, Canary Wharf, Heron Quays, Stratford, Canning Town, Bow Church and West Ham, the East London Line at Shadwell, the Emirates Air Line at Royal Victoria and river boats at Cutty Sark and Woolwich Arsenal.

ADDRESSES FOR EVENTS

Santa’s Grotto
Dec 14-23
Meet Santa in a traditional Victorian grotto and receive a present.

Disney on Ice: Dare to Dream
Dec 26-30, Jan 3-5 2014

Ice skating spectacular for all the family.

The O2; prices vary.
The design of the DLR trains, with their big windows and 'front row' seats, makes every journey on the Docklands Light Railway network a chance to take in what's around you. And from the Tower of London to the historic maritime landmarks of Greenwich, from the Olympic Stadium at Stratford to the skyscrapers of Canary Wharf, the DLR links a wealth of iconic sites and attractions.

Now, as well as seeing the sights, you can hear about them as you travel, using the new DLR Audio Guide. Whether you're a regular commuter, a local or a visitor who's entirely new to the area, check out the series of podcasts that are available to download for free, offering you a 'guided tour' on your journey.

You'll hear lots of historical details and intriguing facts, telling you what to look out for on every DLR route, in both directions: Bank to Woolwich Arsenal and Lewisham, Tower Gateway to Beckton, Stratford to Canary Wharf, and St. Barbe to Excel. Each stop has its own unique story, and you can hear about them as you travel, using the new DLR Audio Guide. Whether you're a regular commuter, a local or a visitor who's entirely new to the area, check out the series of podcasts that are available to download for free, offering you a 'guided tour' on your journey.

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